

**QUADRA INSTITUTE OF AYURVEDA ROORKEE.**

**BAMS 4th YEAR TIME TABLE BATCH 2016-2020 w.e.f – 21 December 2020**

DAYS/TIME	10.00-12.00 pm	12.00-01.00 am	01.00-02.00 Pm	02.00-03.00 pm	03.00-04.00 pm
MONDAY	Clinical Lab Kayachikitsa, Shalya, Shalaky, Panchkarma One Week Rotation Basis Batches	Kaya Chikitsa Theory DR Vishal	Shalaky Theory Dr Yogesh Sisodiya	LUNCH	Shalya Tantra Dr Bhoomi
		Kaya Chikitsa Theory DR Vishal	Shalaky Theory Dr Yogesh Sisodiya		Shalya Tantra DR Bhoomi
TUESDAY	Panchkarma One Week Rotation Basis Batches	Kaya Chikitsa Theory DR Rajnikant	Shalaky Theory Dr Yogesh	LUNCH	Research methodology & Biostatitics
		Kaya Chikitsa Theory DR Rajnikant	Shalaky Theory Dr Yogesh		Panch Karma Theory Dr Shreyasi
WEDNESDAY	A-01 to 15 B- 16 to 30 C- 31 to 45 D- 46 to 59	Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary	LUNCH	Shalya Tantra Dr Saurabh
		Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary		Shalya Tantra DR Saurabh
THURSDAY	A-01 to 15 B- 16 to 30 C- 31 to 45 D- 46 to 59	Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary	LUNCH	Shalya Tantra DR Saurabh
		Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary		Shalya Tantra DR Saurabh
FRIDAY	A-01 to 15 B- 16 to 30 C- 31 to 45 D- 46 to 59	Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary	LUNCH	Shalya Tantra DR Saurabh
		Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary		Shalya Tantra DR Saurabh
SATURDAY	A-01 to 15 B- 16 to 30 C- 31 to 45 D- 46 to 59	Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary	LUNCH	Shalya Tantra DR Saurabh
		Kaya Chikitsa Theory Dr Rageshri	Panch Karma Theory Dr Amit Chowdhary		Shalya Tantra DR Saurabh

PRINCIPAL



**NOTE-** It is compulsory for All students to follow the rules as declared by central Govt/ State Govt/ Univ etc like social Distancing, Submission of Negative Covid Test Report and sanitization etc.

**QUADRA INSTITUTE OF AYURVEDA ROORKEE.**  
**BAMS SECOND YEAR (2018-2023) BATCH w.e.f -21 December 2020**  
**TIME TABLE FOR OFFLINE CLASSES**  
**ROOM NO 02**

DAYS/TIME	10:00 Am to 11:00 Am	11:00- 12:00 PM	12:00 AM - 01:00 PM	01:00 to 02:00 Pm	02.00 to 2.45 m	02.45 to 04.00 PM
MONDAY	Roganidan (Theory) Dr Mayank	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr Pradeep	RSBK Dr Vivek	L U N C H	RACTICALS  As Per Batches A, B, C in Each Department of Rog Nidan, Dravyaguna And RSBK On Rotation Basis
	Roganidan (Theory) Dr Mayank	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr.Ekta Naihani	RSBK Dr Vivek		
TUESDAY	Roganidan (Theory) Dr Kamleshwer	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr Pradeep	RSBK Dr G.K. Sharma		
WEDNESDAY	Roganidan (Theory) Dr Kamleshwer	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr Pradeep	RSBK Dr G.K. Sharma		
THURSDAY	Roganidan (Theory) Dr Kamleshwer	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr Pradeep	RSBK Dr G.K. Sharma		
FRIDAY	Roganidan (Theory) Dr Kamleshwer	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr Eka Naihani	RSBK Dr G.K. Sharma		
SATURDAY	Roganidan (Theory) Dr Kamleshwer	Charak (P) Dr Vivek	Dravyaguna (Theory) Dr Pradeep	RSBK Dr G.K. Sharma		

NOTE- All Students are intimated to follow odd & even roll No. on alternate day from 21 December 2020 to attend off line classes.

**PRINCIPAL**

QUADRA INSTITUTE OF AYURVEDA ROORKEE.

BAMS 3rd YEAR BATCH (2017-2022)

w.e.f - 21 December 2020

TIME TABLE FOR OFF LINE CLASSES

DAYS/TIME	10:00 Am to 11:00 Am	11:00 Am - 12.30 PM	12.30PM - 1.30 PM	1.30 Pm -2.00 Pm	2.00 Pm to 3.00 Pm	3.00 Pm to 4.00 Pm
MONDAY	Agad (Theory) Tantra Dr S. Prabhakar	Charak (U) Dr R. Jain	Charak (U) Dr R. Jain	L	Dr Saurabh Swasth Vritta	Prasuti - Stri Rog Dr Tannu
TUESDAY	Agad (Theory) Tantra Dr S. Prabhakar	Charak (U) Dr R. Jain	Charak (U) Dr R. Jain		L	Dr Saurabh Swasth Vritta
WEDNESDAY	Agad (Theory) Tantra Dr S. Prabhakar	Bal Rog (Theory) Dr Anurita	Bal Rog (Theory) Dr Anurita	U		Dr Saurabh Swasth Vritta
THURSDAY	Agad (Theory) Tantra Dr Deepika	Bal Rog (Theory) Dr Anurita	Bal Rog (Theory) Dr Anurita		N	Dr Rashmi Swasth Vritta
FRIDAY	Agad (Theory) Tantra Dr Deepika	Bal Rog (Theory) Dr Charu Sharma	Bal Rog (Theory) Dr Charu Sharma	C		Dr Rashmi Swasth Vritta
SATURDAY	Charak (U) Dr. Anurita Gupta/ Dr R. Jain	AGAD TANTRA PRASUTI TANTRA	Bal Rog (Theory) Dr Charu Sharma		H	DR Rashmi Swasth Vritta

PRINCIPAL

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